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3-13-2009

# Occidental Distance Carnival

Great Northwest Athletic Conference

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Licensed to Occidental College                      HY-TEK's Meet Manager 3/13/2009 11:3  
Oxy Distance Carnival - 3/13/2009  
Occidental College  
Los Angeles, California  
Results

Women 800 Meter Run

Name	Year School	Seed	Finals
Finals			
1 Sadauskaite, Justina	Glendale	2:18.80	2:18.08
2 Larson, Claire	Occidental	2:19.90	2:18.77
3 Padilla, Grace	See Jane Run	2:13.00	2:20.95
4 Filippova, Anna	Alaska Anchorage	2:20.00	2:23.63
5 West, Alex	Alaska Anchorage	2:24.00	2:23.98
6 Pfieffer, Natalie	Alaska Anchorage	2:28.50	2:26.95
7 Martinez, Sandra	Unattached	2:23.30	2:27.35
8 Barnard, Megan	Fresno Pacific	2:28.10	2:29.07
9 Ferman, Lidia	Glendale	2:29.95	2:29.89
10 Kaneichi, Kristine	Glendale	2:29.97	2:32.27
11 Azizi, Shannon	Glendale	2:35.35	2:36.73
12 Garcia, Lidia	Pasadena	2:25.00	2:37.95
13 Tolle, Laura	Redlands	2:32.00	2:38.49
14 Griswold, Kassy	Occidental	2:35.00	2:40.05
15 Hoover, Monique	Hdelitetc	2:39.00	2:43.60
16 Bell, Danielle	Long Beach	2:30.12	2:47.77
17 Cortes, Melissa	Rio Hondo		2:49.49
18 Huipe, Cindy	East LA		2:57.80

Women 1500 Meter Run

Name	Year School	Seed	Finals
1 Murphy, Kevyn	See Jane Run	4:37.00	4:42.21
2 Trenholm, Stephanie	Alaska Anchorage	4:45.00	4:46.31
3 Villarreal, Caitlin	Cal St. San Marc	4:43.00	4:48.39
4 Cox, Jessica	Unattached	4:55.00	4:52.29
5 Kieselhorst, Maddy	Pomona-Pitzer	4:54.00	4:54.20
6 Garcia, Claudia	See Jane Run	4:52.00	4:55.02
7 Whalen, Meghan	Occidental	5:05.00	4:55.20
8 Bailey, Mychaela	Alaska Anchorage	5:00.00	4:55.53

9 Harris, Kathleen	Claremont-Mudd-S	4:47.31	4:56.29
10 Hilles, Emery	Claremont-Mudd-S	4:59.57	4:57.62
11 Del Toro, Rosa	Glendale	4:55.20	4:58.59
12 Celaya, Mallory	LA City	4:50.03	4:58.62
13 Aguilar, Eva	Whittier	5:08.00	5:02.45
14 Roelle, Ariel	Alaska Anchorage	5:00.00	5:03.09
15 Finchamp, Hannah	Unattached	5:10.04	5:04.02
16 Castillo, Micaela	La Verne	5:18.00	5:06.19
17 Huizar, Ashley	Rio Hondo	5:24.00	5:08.31
18 Taylor, Sara	Hdelitetc	5:18.00	5:09.61
19 Edwards, Anna	Whittier	5:20.00	5:13.41
20 Litherland, Molly	Whittier	5:08.00	5:14.02
21 Jennings, Caitlin	Loyola Marymount	5:10.00	5:14.85
22 Cortes, Melissa	Rio Hondo	5:25.00	5:17.70
23 Hughes-Stinson, Anja	Pomona-Pitzer	5:23.00	5:19.50
24 Pulscher, Jennifer	Augsburg	5:25.71	5:20.14
25 Kats, Ilona	Pomona-Pitzer	5:22.00	5:20.38
26 Perez, Alejandra	LA Trade Tech	5:25.00	5:21.24
27 Chia, Justine	Caltech	5:21.25	5:21.83
28 Flanary, Nicole	Cal Lutheran	5:02.00	5:21.96
29 Palacios, Malia	Long Beach	5:18.24	5:22.27
30 Henman, Jessyca	SD Mesa	5:20.00	5:23.32
31 Kostandova, Natalya	Caltech	5:19.74	5:25.40
32 Horgan, Michelle	Cal Lutheran	5:34.00	5:25.63
33 Orona, Susie	Whittier	5:32.00	5:32.02
34 Garcia, Guilda	Unattached	5:30.00	5:34.85
35 O'Grady, Shay	Hdelitetc	5:40.00	5:35.44
36 Raspa, Nina	Whittier	5:48.00	5:35.95
37 Rivas-Guillen, Jennifer	Whittier	5:48.00	5:37.24
38 Perez, Karla	Glendale	5:40.25	5:37.54
39 Belyi, Masha	Caltech	5:19.74	5:40.66
40 Sharp, Kimberly	Pasadena	7:00.00	5:42.91
41 Gasca, Diana	Glendale	5:48.35	5:44.24
42 Dixon, Emily	Soka University	5:30.00	5:48.04
43 Alvarez, Dafne	East LA		5:51.99
44 Hernandez, Ana	East LA		5:53.45
45 Martinez, Ashley	Rio Hondo	6:15.03	5:53.67
46 Garcia, Lucia	Pasadena	5:50.00	5:54.17
47 Alvarez, Samantha	SD Mesa	5:36.23	5:55.10
48 Litvin, Lana	Hdelitetc	5:40.00	6:01.99
49 Chun, Jennifer	Cal Lutheran	6:14.00	6:09.42
50 Martinez, Azucena	East LA		6:15.70

51	Basurto, Isabel	Glendale	6:10.25	6:27.29
52	Widgren, Heather	Caltech	6:46.26	6:39.64

Women 5000 Meter Run

=====				
	Name	Year School	Seed	Finals
=====				
1	Tollefson, Carrie	Unattached	15:45.00	15:49.31
2	Lopez, Sabrina	Unattached	17:04.00	16:59.55
3	Chepkosgei, Elizabeth	Alaska Anchorage	17:10.17	17:17.78
4	Sandoval, Jessica	Cal St. San Marc	17:48.40	17:39.78
5	Callaway, Michele	Whittier	18:19.00	17:55.71
6	Wilt, Hallidie	Alaska Anchorage	17:45.00	17:59.42
7	Alban, Brianna	UC San Diego	18:24.03	18:06.40
8	Moreno, Lenore	Mt. San Antonio	18:17.25	18:06.92
9	Inouye, Elena	UC San Diego	18:14.00	18:12.88
10	Henderson, Jordana	UC San Diego	18:43.00	18:16.55
11	Fairley, Megan	Loyola Marymount	18:00.00	18:20.67
12	Bodenhamer, Jessie	UC San Diego	18:14.00	18:25.22
13	Kipngeno, Miriam	Alaska Anchorage	18:45.00	18:30.36
14	Haag, Rose	Pomona-Pitzer	18:30.00	18:39.11
15	Hunsaker, Kylie	Loyola Marymount	18:20.00	18:43.76
16	Rueschenberg, Allysa	Claremont-Mudd-S	18:56.88	18:44.02
17	Dunn, Katie	Glendale	18:10.50	18:49.40
18	Rigby, Julia	Claremont-Mudd-S	18:19.08	18:50.05
19	Keegan, Shoshana	Alaska Anchorage	18:45.00	18:50.19
20	Meyers, Zoe	Pomona-Pitzer	18:30.00	18:53.21
21	Perez, Brenda	Riverside	19:12.00	18:54.27
22	McLean, Lacey	Claremont-Mudd-S	19:07.46	18:58.20
23	Espindola, Samantha	SD Mesa	19:13.15	18:58.87
24	Scharfen, Anna	Pomona-Pitzer	18:30.00	19:00.51
25	Lopez, Regina	Unattached	17:29.00	19:01.84
26	Kahovec, Toccoa	Cal Lutheran	19:00.00	19:11.20
27	Luck, Kelly	Redlands	19:21.00	19:12.26
28	Deutsch, Breanna	Claremont-Mudd-S	19:08.47	19:14.71
29	Halsey, Denali	Occidental	18:43.83	19:19.17
30	Thompson, Michelle	SD Mesa	19:45.00	19:19.23
31	Alaniz, Veronica	LA City	18:00.00	19:22.69
32	Ryan, Claire	Pomona-Pitzer	18:30.00	19:27.65
33	Wilhelm, Fiona	Redlands	19:36.00	19:30.08
34	Wray, Candace	Whittier	19:35.00	19:31.70
35	Lopez, Carley	Long Beach	19:48.21	19:32.70

36	Flores, Sonia	Rio Hondo	19:00.00	19:36.50
37	Rincon, Emilia	Mt. San Antonio	20:15.00	19:40.08
38	Martin, Rachael	Claremont-Mudd-S	19:09.52	19:43.73
39	Felix, Stephanie	Loyola Marymount	18:20.00	19:48.83
40	Clahassey, Lynn	Cal Lutheran	19:34.00	19:58.08
41	Hernandez, Beatriz	Mt. San Antonio	20:24.29	19:59.41
42	Teevens, Alexa	Claremont-Mudd-S	19:58.93	20:05.31
43	Irabba, Angela	Long Beach	20:45.00	20:12.28
44	Samaniego, Reyna	Glendale	20:03.05	20:13.40
45	Reinsma, Becky	Mt. San Antonio	20:15.00	20:14.45
46	Pulley, Alexa	Unattached	20:27.00	20:17.77
47	Hernandez, Ashley	Pasadena	20:00.00	20:20.09
48	Kostandova, Natalya	Caltech	20:56.31	20:20.60
49	Barnard, Megan	Fresno Pacific	21:00.00	20:24.90
50	Eng, Clara	Caltech		20:28.18
51	Golan, Maureen	Claremont-Mudd-S	21:08.18	20:28.23
52	Blazys, Brigitte	La Verne	19:55.00	20:30.99
53	Munoz, Mallorie	La Verne	19:53.00	20:32.26
54	Kinder, Holly	Redlands	20:35.00	20:35.68
55	Nunnink, Brittany	Claremont-Mudd-S	20:30.30	20:47.03
56	Wuerth, Stephanie	Caltech	21:01.35	20:48.74
57	Turner, Wendy	Redlands	20:39.00	20:51.41
58	Perez, Alejandra	LA Trade Tech	20:22.00	20:55.25
59	Lopez, Diane	Long Beach	20:54.02	20:55.26
60	Viscarra, Teyana	Run With Us Broo	20:00.00	20:56.36
61	Chaipornkaew, Best	Caltech	21:10.19	20:59.48
62	Mohr-Felsen, Ariane	Claremont-Mudd-S	20:56.60	21:02.99
63	Encarnacion, Lorenza	East LA	21:50.00	21:30.18
64	Belyi, Masha	Caltech	21:26.35	21:31.64
65	Sullivan, Sylvia	Caltech		22:16.95
66	Gahndi, Tana	Soka University	22:20.00	23:04.14
67	Ramirez, Grisel	Pasadena	22:30.00	23:19.09
68	Ramirez, Yesenia	Pasadena	24:50.00	24:08.74
69	Widgren, Heather	Caltech	22:24.35	24:43.16
70	Bennett, Kathleen	Claremont-Mudd-S	23:30.00	25:24.54
--	Ramirez, Jennifer	Ventura		DNF
--	Flores, Maricela	Ventura	23:00.08	DNF

Women 3000 Meter Steeplechase

Name	Year	School	Seed	Finals
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1	Williams, Dallon	Cal St. San Marc	10:18.00	10:44.09
2	Ross, Evelyn	Claremont-Mudd-S	10:45.59	11:13.06
3	Johnson, Amanda	Fresno Pacific	11:40.00	11:17.05
4	Ley, Zitlalic	Glendale	11:20.29	11:19.74
5	Peck, Grace	Occidental	10:49.13	11:37.37
6	Considine, Perrin	Caltech	14:04.64	11:39.30
7	Gonzalez, Angelina	Glendale	11:46.32	11:47.02
8	Bohman, Emma	Alaska Anchorage	12:12.76	11:52.16
9	Fernandez, Brigitte	Glendale	11:58.02	11:55.95
10	Ostrinski, Katie	Redlands	11:43.00	12:00.59
11	Mera, Stephanie	Redlands	11:44.00	12:03.26
12	Tillery, Carly	Whittier	12:05.00	12:06.00
13	Mohler, Sadie	Occidental		12:14.22
14	Dornbush, Eliza	Occidental		12:29.54
15	Wuerth, Stephanie	Caltech		12:39.39
16	Salmon, Darlene	Mt. San Antonio	12:30.00	13:00.42
17	Bhardwaj, Sheila	Claremont-Mudd-S	12:58.39	13:10.45
18	Vaughn, Kasey	Occidental		13:16.98
19	Martinez, Jessica	East LA		13:29.84

Men 800 Meter Run

=====				
	Name	Year School	Seed	Finals
=====				
1	Pettigrew, James	Alaska Anchorage	1:50.30	1:53.23
2	Cook, Roosevelt	Cal Coast Track	1:51.00	1:53.46
3	Boyle, Mick	Alaska Anchorage	1:53.15	1:53.77
4	May, Stephan	Riverside	1:53.58	1:53.81
5	Anderson, Adrian	Glendale	1:56.20	1:55.59
6	Sutton, Levi	Alaska Anchorage	1:58.00	1:56.72
7	Hoadley, Clay	Occidental	1:55.90	1:57.13
8	DeVault, Nathan	Fresno Pacific	1:58.10	1:57.77
9	Kelly, Christopher	Unattached	1:58.10	1:58.13
10	Moseley, Will	Occidental	1:59.00	1:58.37
11	Hodges, Josh	Fresno Pacific	1:58.20	1:58.52
12	Loucel, David	LA Trade Tech	1:59.44	1:58.71
13	Perez, David	LA Trade Tech	2:01.00	1:59.73
14	Ross, Jeff	Occidental	1:59.00	1:59.85
15	Fuentes, Damian	Glendale	1:58.80	2:00.18
16	Wheeler, Jon	Occidental	1:58.90	2:00.20
17	Fortugno, Marcus	La Verne	1:56.50	2:00.21
18	Coronado, Alfredo	La Reconquista R	2:02.00	2:00.26

19	Lara, Armondo	Mt. San Antonio	2:02.30	2:00.31
20	Sugg, Malachi	Hdelitetc	1:59.00	2:01.09
21	Minsk, Aaron	Redlands	2:01.00	2:01.12
22	Wada, Masa	Unattached	1:57.70	2:01.94
23	Carson, Noah	Occidental	2:01.00	2:02.15
24	Galvez, Miguel	Unattached	2:04.08	2:03.77
25	Nayer, Jonathan	Rio Hondo	2:12.00	2:04.88
26	Armas, Aaron	Mt. San Antonio	2:03.84	2:05.14
27	Capeau, Michael	SD Mesa	2:05.37	2:05.20
28	Oregel, Alan	LA Trade Tech	1:59.30	2:05.26
29	Evans, Casey	Cal St. San Marc	2:00.00	2:05.99
30	Ramirez, Rudy	Mt. San Antonio	2:03.21	2:06.48
31	Shaheed, Nolan	SoCal Fleet Feet	2:05.03	2:06.54
32	kunselman, david	SoCal Track Club	2:05.00	2:06.91
33	Bass, Tucker	SD Mesa	2:07.88	2:08.36
34	Carcano, Adolfo	LA Trade Tech	2:05.05	2:09.17
35	Perez, Alain	Glendale	2:06.60	2:09.36
36	Dominguez, Leonardo	Unattached	2:20.00	2:09.61
37	Santos, Daniel	Rio Hondo	2:09.00	2:10.47
38	Maldonado, Rigoberto	Glendale	2:09.90	2:11.43
39	Ibarra, Jose	Rio Hondo		2:11.51
40	Espinoza, Rene	Ventura	2:21.97	2:11.85
41	Avanesi, Sevak	Glendale	2:06.35	2:12.63
42	Chan, Alex	Mt. San Antonio	2:10.80	2:12.99
43	Vega, Andy	Mt. San Antonio	2:15.50	2:13.98
44	Wong, Matthew	Unattached	2:02.31	2:14.21
45	Cave, Robert	Mt. San Antonio	2:10.50	2:19.50
46	Canchola, Eliezar	Rio Hondo		2:22.78
47	Cesare, Tarek	Glendale	2:25.30	2:29.64

Men 1500 Meter Run

Name	Year School	Seed	Finals
1 Pena, Cory	Alaska Anchorage	3:59.32	3:51.87
2 Mering, John	Pomona-Pitzer	3:53.00	3:53.24
3 Ibarra, Luis	Nike Run LA	3:55.00	3:54.62
4 Guadagnini, Anthony	Cal St. San Marc	3:53.00	3:55.24
5 Ayers, Dillon	Claremont-Mudd-S	3:56.25	3:57.67
6 Hill, Thomas	Alaska Anchorage	3:59.43	3:58.80
7 LeVieux, Jake	UC San Diego	3:55.95	3:59.52
8 Mayer, Matan	Unattached	4:04.15	4:03.88

9 Flynn, Colin	Pomona-Pitzer	4:01.00	4:04.46
10 Arms, Oran	Loyola Marymount	4:00.00	4:05.12
11 El-Amin, Ronell	San Bernardino	4:04.98	4:06.93
12 Camacho, Alberto	Riverside	4:04.36	4:07.28
13 Cook, Roosevelt	Cal Coast Track	3:50.00	4:07.84
14 Dinolov, Georgi	Claremont-Mudd-S	3:59.62	4:08.00
15 Polhill, Thomas	Cal St. San Marc	4:02.44	4:08.44
16 Coronado, Alfredo	La Reconquista R	4:05.00	4:09.23
17 Martinez, Ruben	Rio Hondo	4:09.00	4:09.40
18 Mendez, Alejandro	LA Trade Tech	4:12.88	4:10.48
19 Betancourt, Connor	SD Mesa	4:10.00	4:10.80
20 Kali, Victor	Occidental	4:05.00	4:11.04
21 Yanoschik, Erich	Loyola Marymount	4:00.00	4:11.13
22 Mendoza, Nahavi	La Verne	4:03.00	4:11.31
23 Baechle, Jake	Redlands	4:03.00	4:12.49
24 Lara, Armondo	Mt. San Antonio	4:07.98	4:12.76
25 Moreno, Claudio	Fresno Pacific	4:04.45	4:13.83
26 Simpson, Mark	Unattached	4:05.00	4:14.32
27 Leetch, Matt	Cal St. San Marc	3:55.00	4:14.73
28 McDonough, John	Rio Hondo	4:19.00	4:15.08
29 Barda, Kevin	Unattached	4:18.00	4:15.58
30 Goche, Abraham	Rio Hondo	4:20.00	4:15.61
31 Rojas, Jorge	Unattached	4:15.00	4:15.72
32 Duarte, Jason	A Snail's Pace	4:15.00	4:15.74
33 Madrid, Javi	Unattached	4:04.00	4:15.77
34 Martinez, Thomas	Whittier	4:18.00	4:16.97
35 Ashby, Duncan	Redlands	4:10.00	4:17.00
36 Holewinski, Bryce	Whittier	4:18.00	4:17.70
37 Marsalis, Wynton	Pomona-Pitzer	4:24.00	4:18.75
38 Fremling, Tony	Augsburg	4:23.00	4:18.98
39 Humbarger, Scott	Pomona-Pitzer	4:22.00	4:19.27
40 Airola, Travis	Whittier	4:18.00	4:19.54
41 Ramirez, Rudy	Mt. San Antonio	4:17.50	4:19.87
42 Oregel, Alan	LA Trade Tech	4:17.00	4:20.82
43 Flores, Edwin	Soka University	4:20.00	4:21.01
44 Bongio-Karrman, Anton	Caltech	4:12.85	4:21.05
45 Gomez, Josue	Pasadena	4:18.00	4:21.89
46 Garcia, Daniel	Unattached	4:12.00	4:22.22
47 gonzales, steven	Unattached	4:12.00	4:22.86
48 Gutierrez, Manuel	San Bernardino	4:11.00	4:23.74
49 Quevedo, Marco	La Reconquista R	4:15.00	4:24.59
50 Starinieri, Nick	Soka University	4:20.00	4:24.74



51	Garcia, Edwin	East LA	4:34.15	4:26.40
52	Leone, Marco	Whittier	4:27.00	4:26.71
53	Wong, Matthew	Unattached	4:16.33	4:27.22
54	West, Jeff	Redlands	4:25.89	4:27.53
55	Lane, Matt	Whittier	4:34.00	4:28.35
56	Oliveros, Andrew	Hdelitetc	5:15.00	4:28.57
57	Ibarra, Jose	Rio Hondo	4:31.68	4:28.97
58	Salas, Christian	Rio Hondo	4:28.48	4:29.50
59	Trejo, David	Ventura	4:26.00	4:30.17
60	Canfield, Nick	Alaska Anchorage	4:40.00	4:30.95
61	Quevedo, Juan	La Reconquista R	4:15.00	4:31.69
62	Dunatunga, Sachith	Caltech		4:31.82
63	Baez, Enrique	East LA		4:31.87
64	O'Shea, Dylan	Pomona-Pitzer		4:32.35
65	Halvaks, Brett	Cal Lutheran	4:35.00	4:33.56
66	Gong, Andrew	Caltech	4:33.02	4:33.60
67	Armas, Aaron	Mt. San Antonio	4:25.50	4:38.08
68	Quinn, Jesus	Whittier	4:34.00	4:38.75
69	Cruz, Gustavo	Mt. San Antonio	4:45.50	4:38.81
70	Ramono, Zane	Soka University	4:25.00	4:40.44
71	Chan, Alex	Mt. San Antonio	4:25.24	4:43.60
72	Espinoza, Rene	Ventura	4:55.62	4:44.04
73	Cave, Robert	Mt. San Antonio	4:35.50	4:50.42
74	Melendez, Jaycee	Occidental	4:40.00	4:51.94
75	Vega, Andy	Mt. San Antonio	4:45.50	4:56.82
76	Santos, Daniel	Rio Hondo	4:29.00	4:57.25
77	Correa, Jesse	East LA		5:08.79

Men 5000 Meter Run

Name	Year School	Seed	Finals
1 Cheseto, Marko	Alaska Anchorage	14:10.00	14:07.48
2 Chaves, Kevin	Run With US	14:37.00	14:47.81
3 Edwards, David	Cal St. San Marc	14:50.00	14:48.65
4 Perez, Carlos	San Bernardino	14:58.94	14:51.70
5 Magill, Peter	Fluffy Bunny TC	14:49.00	14:54.35
6 Xelma, Aron	Unattached	14:50.00	14:57.52
7 Sartori, Matthew	San Bernardino	14:49.21	14:58.70
8 Beressa, Muluken	SD Mesa	15:16.03	15:02.57
9 Quintana, Eloy	Fresno Pacific	15:20.00	15:03.27
10 Kangogo, Alfred	Alaska Anchorage	14:20.00	15:10.02

11 Kleinsasser, Eric	Occidental	15:17.00	15:10.33
12 Riley, Jeremy	UC San Diego	15:08.00	15:16.48
13 Madrigal, Benny	Fresno Pacific	15:34.00	15:18.66
14 Pelarde, Jeffrey	Riverside	15:15.33	15:18.69
15 Ulmer, Kameron	San Bernardino	14:40.00	15:20.57
16 Cisneros, Miguel	Unattached	15:00.00	15:23.20
17 Baum, Eric	UC San Diego	15:24.00	15:23.42
18 Randall-Myers, Brendon	Pomona-Pitzer	15:40.00	15:23.89
19 LaMothe, Gabe	UC San Diego	15:24.00	15:25.35
20 Bahena, Bernardo	SD Mesa	15:43.04	15:25.67
21 Blumenfeld, Keith	Occidental	15:46.76	15:26.10
22 Sellers, Nathan	Glendale	15:10.11	15:27.33
23 Ellis, Auston	Alaska Anchorage	15:25.00	15:27.57
24 Bueno, Manuel	San Bernardino	15:34.43	15:31.32
25 Orea, Isai	Fresno Pacific	15:35.00	15:31.73
26 Ruiz, Juan	Riverside	15:37.57	15:32.67
27 Ostrander, Ray	Cal Lutheran	15:40.00	15:33.13
28 Joshi, Ankur	San Bernardino	15:46.75	15:39.91
29 Rodriguez, Ben	Augsburg	15:54.09	15:43.25
30 Garcia, Francisco	Unattached	15:45.00	15:44.81
31 Arps, Sean	Whittier	15:59.00	15:45.12
32 Hollingsworth, Will	Occidental	15:50.00	15:46.82
33 Klein, Kevin	UC San Diego	15:43.00	15:47.63
34 Monsma, Ian	Pomona-Pitzer	15:45.00	15:51.39
35 Sanchez, Javier	Fresno Pacific	15:55.00	15:52.44
36 Svet, John	UC San Diego	15:43.00	15:54.57
37 Shaw, Hale	Pomona-Pitzer	15:36.00	15:54.90
38 Lara, Jose	San Bernardino	16:18.66	15:57.41
39 Siddle, Brett	Cal Lutheran	15:50.00	15:57.55
40 Enriquez, Gabriel	Ventura		15:59.08
41 Jimenez, Waldo	LA Valley	15:35.00	16:00.09
42 McMonigle, Ryan	SD Mesa	16:09.00	16:02.13
43 Byrnes, Brian	Augsburg	16:08.95	16:06.47
44 Herrera, Francis	Glendale	15:24.35	16:07.47
45 Martinez, Leo	La Verne	16:30.00	16:09.48
46 tan, jonathan	Unattached	15:20.00	16:09.81
47 Kahovec, Brian	Cal Lutheran	15:50.00	16:19.22
48 Martinez, Julian	Claremont-Mudd-S	16:30.36	16:20.66
49 Enriquez, Eddie	Ventura		16:21.10
50 Cano, Marvin	Whittier	16:20.00	16:21.62
51 Kurtis, Matt	Claremont-Mudd-S	15:50.57	16:22.40
52 Cortes, Michael	Unattached	16:00.00	16:22.52

53	Parado, Julian	Glendale	16:20.15	16:23.87
54	Puga, Diego	LA Trade Tech	15:40.00	16:31.85
55	Shirk, Stephen	Cal Lutheran	16:00.00	16:33.25
56	Ramirez, Jairo	LA Trade Tech	15:45.00	16:35.92
57	Rojas, Alex	Unattached	16:20.00	16:38.66
58	Parra, Art	San Bernardino	15:45.00	16:42.92
59	Gillmor, Geoff	Augsburg	16:30.00	16:44.48
60	Gerber, Dan	Augsburg	16:30.00	16:52.11
61	Sanchez, Antonio	Cal St. San Marc	16:10.00	16:54.76
62	Ramos, Ed	Ventura		16:55.02
63	Chang, Jasper	La Verne	16:29.00	16:57.20
64	Hodges, Josh	Fresno Pacific	16:15.00	16:58.44
65	Dunatunga, Sachith	Caltech	17:09.51	17:03.43
66	Berg, Daniel	Ventura	15:59.43	17:05.97
67	Lindstrom, Joe	Hdelitetc	16:45.00	17:13.99
68	Goetz, John	Unattached	17:00.00	17:18.84
69	Erickson, Austin	Augsburg	18:27.00	17:24.60
70	Chavez, Michael	Hdelitetc	18:00.00	17:30.70
71	Slack, David	Cal St. San Marc	15:45.00	17:33.53
72	Justo, Alfredo	East LA	17:15.41	17:34.23
73	Zarate, Sergio	Ventura		17:36.16
74	Garcia, Edwin	East LA	17:00.00	17:41.90
75	Urista, Tim	Unattached	18:15.00	17:57.30
76	De Guzman, Rosello	Pasadena	18:30.00	17:59.14
77	Brennan, Ross	Pomona-Pitzer		18:26.79
78	Chun, Daniel	Caltech		18:27.65
79	Drayna, Garrett	Caltech	18:28.23	18:48.73
80	Baez, Enrique	East LA		18:50.84

#### Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals
1 Kiplagat, David	Alaska Anchorage	9:07.20	9:21.93
2 Denman, Mike	SD Mesa	9:45.20	9:34.93
3 Crabo, Anders	Pomona-Pitzer	9:40.00	9:36.63
4 Kopczynski, Brian	Claremont-Mudd-S	9:46.29	9:39.65
5 Scheulen, Florian	Claremont-Mudd-S	9:37.66	9:40.47
6 Alpizar, Jonathan	Glendale	9:55.66	9:40.57
7 Rottich, Paul	Alaska Anchorage	9:40.00	9:40.78
8 Castaneda, Luis	Unattached	9:30.25	9:42.05
9 Rodriguez, Ernesto	Pasadena	9:47.00	9:47.60

10	Fitzgerald, Patrick	Cal St. San Marc	9:26.00	9:54.96
11	Enscoe, Charles	Pomona-Pitzer	9:55.00	9:56.71
12	Quijada, Francisco	Glendale	9:59.35	9:58.97
13	Pastoor, Connor	Loyola Marymount	9:30.00	9:59.72
14	Kalmus, Jeremy	Redlands	10:00.00	10:08.05
15	Straube, Kramer	Claremont-Mudd-S	9:55.21	10:10.04
16	Whitesitt, Sean	Mt. San Antonio	10:25.50	10:10.38
17	Mullender, Max	UC San Diego	9:44.23	10:15.06
18	Mancilla, Kevin	Whittier	9:55.00	10:15.71
19	Stewart, Kyle	Claremont-Mudd-S	9:57.64	10:17.68
20	Balmer, Paul	Pomona-Pitzer	10:30.00	10:24.51
21	Evans, Dan	Claremont-Mudd-S	10:40.15	10:32.36
22	Fillmore, Alec	Redlands	10:00.00	10:32.73
23	Ebel, Thomas	Mt. San Antonio	10:35.50	10:39.37
24	Leos, Manny	Mt. San Antonio	10:15.50	10:39.73
25	Gonia, Michael	Unat-Sd Mesa		10:46.59
26	Aguilar, Eddie	Rio Hondo	10:55.00	11:04.45
27	Samayoa, Mauro	East LA		11:15.51
28	Lopez, Jorge	Glendale	10:30.25	11:39.91
29	Ryan, Wes	Cal St. San Marc	11:00.00	11:40.43
30	Castro, Ivan	Mt. San Antonio	11:30.50	12:05.14
31	Keeley, Ryan	Caltech		12:23.44

Mixed 10000 Meter Run

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	Name	Year School	Seed	Finals
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1	Livingston, Brian	M Nike Team Run LA	29:56.82	30:32.53
2	Hernandez, Robert	M Unattached	31:42.00	30:53.00
3	Haglund, Brent	M Augsburg	31:40.00	31:06.35
4	Salg, Andrew	M LA Valley	32:31.00	31:22.49
5	De Glymes, Christian	M Vanguard	31:41.68	31:26.30
6	Olsen, Torrey	M Pomona-Pitzer	31:20.00	31:27.60
7	Brown, Kris	M Claremont-Mudd-S	31:55.46	31:42.89
8	Johnson, Matt	M Vanguard	32:00.00	31:45.88
9	Perez, Emilio	M Unattached	32:42.28	31:51.18
10	Calise, Steven	M El Camino	32:00.00	32:00.06
11	Gomez, Alex	M A Snail's Pace	32:10.00	32:02.25
12	Elorza, Leo	M Cal St. San Marc	33:45.00	32:27.74
13	Gurney, Chris	M Claremont-Mudd-S	32:36.16	32:38.63
14	Van Dyke, Matt	M Saddleback	33:56.80	32:50.82
15	Martinez, Marc	M Ventura		32:56.09

16 Garcia, Irvin	M La Reconquista R	33:00.00	33:13.84
17 Lopez, Noah	M Vanguard	34:30.00	33:27.22
18 Kimura, AJ	M Saddleback		33:40.02
19 Whiteside, Taylor	M Hdelitetc	34:30.00	33:42.01
20 Tilley, Barrett	M SD Mesa	33:07.81	34:21.59
21 Hernandez, Carlos	M East LA		34:58.49
22 Fader, Sean	M Cal St. San Marc	34:00.00	34:59.31
23 Nemirovsky, Daniel	M Unattached	33:00.00	35:24.97
24 Kent, Stephen	M Unattached	31:55.00	35:59.87
25 Laguna, Steve	M Unattached	36:05.00	36:18.70
26 Hernandez, Maritza	W LA Trade Tech	40:36.00	37:15.35
27 Mendoza, Ana	W Unattached	37:00.00	37:33.37
28 Richeri, Natalia	W Riverside	39:00.00	38:23.48
29 Smiley, Taylor	W Claremont-Mudd-S	37:06.12	38:34.26
30 Zink, Kaili	W Fresno Pacific	38:44.77	38:34.66
31 Glassey, Casey	W Riverside	40:16.30	38:55.40
32 Stokes, Jana	W Unat-Sd Mesa		39:02.30
33 Colin, Maria	W El Camino	40:00.00	39:33.13
34 Gonzalez, Tefany	W Ventura		40:05.77
35 Carrano, Sin	W Cal St. San Marc	40:00.00	40:10.52
36 Mckown, Lindsey	W Cal St. San Marc	40:00.00	40:11.32
37 Ruiz, Ivett	W Riverside	42:00.00	41:07.37
38 Ponce, Carla	W LA Trade Tech		42:26.78
39 Haislet, Rachel	W Pomona-Pitzer		42:55.56
40 Ramirez, Stephanie	W Ventura		43:02.97
41 Mills, Christina	W Ventura		46:00.16

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